Our Mission: Helping to prepare Iowa’s health practitioners to care for our growing population of elders. E-NEWS is one of our methods of teaching through technology.

Each month, E-NEWS delivers abstracts from current multidisciplinary healthcare journal articles related to a specific geriatric topic. This month’s E-NEWS focuses on the new Geriatric Lecture Series.

Geriatric Lecture Series: Age-Friendly Care

We are pleased to announce our new Geriatric Lecture Series, which focuses on Age-Friendly Care, including the Age-Friendly Health Systems initiative and the 4Ms framework. The start of this series was greatly impacted by COVID-19, as was our ability to offer it as usual. All eight presentations will be offered at the start of the series, and they will be available to view until further notice.

The series will cover the following topics regarding Age-Friendly Care:

- 4Ms Overview
- What Matters
- Mentation: Delirium
- Mentation: Dementia
- Mentation: Depression
- Medications
- Mobility
- Age-Friendly and Dementia Friendly Social Movements

Additional information about the Geriatric Lecture Series, including instructions for how to register, is available at: https://igec.uiowa.edu/gls. Registration is now open.
What is the Age-Friendly Health Systems Initiative?

Age-Friendly Health Systems (AFHS) is an initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement (IHI), in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States (CHA). It is based on the rapidly growing number of older adults nationwide who experience a disproportionate amount of harm while in the care of health systems. This growing social movement is guided by four evidence-based elements of high-quality care known as the 4Ms: What Matters, Medications, Mobility, and Mentation (including dementia, delirium, and depression). This framework shifts the focus from disease-focused care (“What is the matter?”) to person-centered care (“What matters most to you when you think about your health and health care?”). The 4Ms interact, working in conjunction to guide quality care in line with What Matters most to older adults – which is the basis of age-friendly health care.

An Age-Friendly Health System is one in which every older adult gets the best care possible, experiences no healthcare-related harms, and is satisfied with the health care they receive.

Age-Friendly Health Systems Resources and Additional Information

There are many online resources that provide in-depth information about AFHS and Age-Friendly Care, including the following websites:

Institute for Healthcare Improvement:
- Background: [http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx](http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx)
- Resources: [http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/Resources.aspx](http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/Resources.aspx)

John A. Hartford Foundation:

Patient Priorities Care:
- [https://patientprioritiescare.org/](https://patientprioritiescare.org/)

http://www.ihi.org/Engage/Initiatives/Age-Friendly-Health-Systems/Pages/default.aspx
Next Month's Issue:

Age-Friendly Health Care and Systems

Why not share E-NEWS with your colleagues? Forward a copy of this issue. Subscription information is found below.

To subscribe or unsubscribe to E-NEWS, fill out the form on the following website: https://igec.uiowa.edu/e-news