

Join Dr. Buenaver for the third part of the series Family Involvement in Dementia Care:
“Finding the Best Solutions”

Family caregivers need skills to engage in back-and —forth conversation with providers. The goal of **FINDING THE BEST SOLUTIONS** is to discuss:

- ◆ Many care challenges and questions
- ◆ Rarity of one solution or answer
- ◆ Skills to negotiate best outcomes

Things to consider when talking to providers:

- ◆ Being prepared is the key
 1. What do you want to happen?
 2. How can you best and concisely explain?
 3. What background information will help?
- ◆ Be open and honest
- ◆ It is your right to:
 1. check for understanding
 2. ask questions
 3. explore choices





The Caregiver's meeting is held the 3rd Thursday of each month at 2:30pm, Hawley East, Building 1 (Main hospital). We meet informally at 2:00 pm for support and

Do you have a story you would like to share? Are there questions you would like answers to from other caregivers? Would you like to know how other caregivers handle difficult situations? If so, approach Dr. Buenaver at the meeting. We will be gathering at 2:00 pm, 30 minutes before the

Don't Forget: The meetings will held in Hawley East, Bldg. 1. If you come through the main doors of Bldg. 1, turn right at the intersection by the elevators and head to the end of the hallway. Hawley Auditorium is at the end.

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Presently we have a program for education on caring for the Veteran with dementia. It includes a monthly newsletter which can be mailed to your home, or if preferred emailed to you. You are welcome to bring the veteran to these meetings. Due to technical issues, we can't accept incoming emails at this time.

You are not alone.



Dwight D. Eisenhower VAMC & Colmery-O'Neil VAMC

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