

Oral Health Treatment Tool

Assessment Ref Treatment

Lips Mild problems	A	<ol style="list-style-type: none"> 1. Apply Vaseline to lips. 2. Apply anti fungal cream (angular cheilitis). 3. Increase water intake. 4. Stimulate salivary gland (sugar-free gum). 5. Switch to medication with fewer oral side effects. 6. Use toothpaste without additives.
Lips Severe Problems	B	<ol style="list-style-type: none"> 1. As above; plus 2. Removal of dentures may be required. 3. Mouth rinses (alkaline saline or chlorhexidine gluconate, prescribed by dentist) 4. Topical and/or systemic antifungal medications administered as gel or lozenge.
Tongue Mild problems	C	<ol style="list-style-type: none"> 1. Topical and/or systemic antifungal medications administered as gel or lozenge
Tongue Severe problems	D	<ol style="list-style-type: none"> 1. Topical and/or systemic antifungal medications administered as gel or lozenge.
Gums & oral tissues Mild problems	E	<ol style="list-style-type: none"> 1. If associated with dentures, leave denture out until condition improves. Seek dentist advice. 2. Ensure dentures are clean. Soak in 50/50 Milton's/water overnight, increase scrubbing, or; 3. Ultrasonic clean of denture at dental lab, or; 4. Replace dentures. 5. Anti-fungal treatment (Daktarin, from chemist).
Gums & oral tissues Severe problems	F	<ol style="list-style-type: none"> 1. Gently brush teeth and gums using very soft toothbrush. 2. Rinse, spray or gently brush teeth and gums with antimicrobial mouth rinse (chlorhexidine gluconate) under dentist/dental technician direction. 3. Rinse/swab area with warm water and salt. 4. Dental referral
Saliva Mild problems	G	<ol style="list-style-type: none"> 1. Use saliva substitutes (gel or spray) to replace saliva. 2. Frequent rinsing or moistening with water. 3. Increase oral fluid intake.

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Saliva Severe Problems	H	<ol style="list-style-type: none"> 1. Use saliva substitutes (gel or spray) to replace saliva. 2. Frequent rinsing or moistening with water. 3. Review current medications for xerostomia effects.
Natural Teeth Mild Problems	I	<ol style="list-style-type: none"> 1. Fluoridated toothpastes twice per day 2. Avoid completely rinsing mouth after brushing
Natural Teeth Severe Problems	J	<ol style="list-style-type: none"> 1. Fluoridated toothpastes twice per day 2. Fluoride or antimicrobial mouthwashes/sprays for two weeks 3. Dental referral
Dentures Mild Problems	K	<ol style="list-style-type: none"> 1. If damaged, see dentist or dental technician. Do not attempt to repair.
Dentures Severe Problems	L	<ol style="list-style-type: none"> 1. If damaged, see dentist or dental technician. Do not attempt to repair. 2. If not named, lightly sandpaper pink acrylic on back cheek-side of denture and write name in pencil then cover with several coats of clear nail polish. (Temporary) 3. If not named, dentist or dental technician to insert name on strip into denture then cover with acrylic. (Permanent) 4. If loose, consult with dentists or dental technician for corrective action.
Oral Cleanliness Mild Problems	M	<ol style="list-style-type: none"> 1. Ensure cleaning procedures carried out twice daily. However a thorough job once daily is also acceptable.
Oral Cleanliness Severe Problems	N	<ol style="list-style-type: none"> 1. Thorough cleaning twice daily 2. Use of sugarless gum to promote saliva and swallowing during the day 3. Fluoride or antimicrobial mouthwashes/sprays for two weeks 4. Dental referral
Dental Pain Mild Problems	O	<ol style="list-style-type: none"> 1. Analgesia 2. Dental referral 3. Assessment of oral nutritional requirements
Dental Pain Severe Problems	P	<ol style="list-style-type: none"> 1. Analgesia 2. Dental referral 3. Assessment of oral nutritional requirements