

Date: _____ Facility: _____ Position: _____ Pre-test: ____ Post-test: ____

Send results to your facility's Telligen contact, if applicable.

1. Which of these statements about sepsis are true?

- a. Sepsis is the body's extreme response to infection.
- b. Sepsis happens when an infection you already have triggers a chain reaction in your body. The infection may be in your skin, lungs, urinary tract or somewhere else.
- c. Sepsis is a life-threatening medical emergency.
- d. All of the above

2. Anyone can get an infection, and almost any infection can lead to Sepsis.

- a. True
- b. False

3. Which of the following, alone or together, can be signs or symptoms of Sepsis?

- a. Feeling confused or disoriented
- b. Shortness of breath
- c. Fast heart rate
- d. Fever, chills, or feeling very cold
- e. Extreme pain or discomfort
- f. Clammy or sweaty skin
- g. All of the above

4. Only 1 in 10 patients who die in a hospital has Sepsis.

- a. True
- b. False

5. How can you protect yourself and your family from Sepsis?

- a. If you or your loved one suspects sepsis or has an infection that's not getting better or is getting worse, ask your doctor or nurse, "Could this infection be leading to sepsis?"
- b. Ask your doctor or nurse how to prevent infections. Some steps include taking good care of chronic conditions and getting needed vaccines.
- c. Wash your hands. Keep cuts clean and covered until healed.
- d. Know the symptoms of sepsis (see question 3).
- e. ACT FAST. Get medical care RIGHT AWAY if you suspect sepsis or have an infection that's not getting better or is getting worse.
- f. All of the above.

6. Without fast treatment, Sepsis can cause which of the following?

- a. Tissue damage
- b. Organ failure
- c. Death
- d. All of the above

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References: National Institute of General Medical Sciences / National Institutes of Health / Centers for Disease Control and Prevention / Sepsis Alliance